

SKIN PEEL

Over time, the surface appearance of your skin may change. You might see changes in colour due to exposure to sun, marks left by bouts of acne, wrinkles and lines from natural ageing or small scars from illness or injury.

Regain your skin's smooth, taut quality with our skin peel treatment.



The Treatment

Chemical peels are used to reduce scars, fine lines and pigmentation caused by acne, sun spots, or wrinkles due to ageing.

This treatment involves the application of a solution to the affected area. The chemical applied allows molecules to sink into the skin, causing a tingling effect. The chemical stays on the skin for a few minutes and then it neutralises or cools and is removed.

As the chemicals seep into the skin, they boost collagen while lifting off the top layer, or the epidermis, of the skin. This causes a peeling effect. After a layer of skin peels off, it reveals the second layer, or the dermis, which has fresher, tighter cells that are not as damaged.

After the peel, the skin will feel tight, as if it is sunburned, and the area can look red, which will soon go darker.

Following Treatment

Water soaks are imperative and are an integral part of the treatment and recovery. The purpose of water soaks is to rehydrate the skin and also to make you feel more comfortable. Water soaks should be applied to the area for five minutes, a minimum of four times a day.

Do not pick at any loose skin as it peels away.

Do not apply any moisturiser or cream to the treated area until all the old skin has completely peeled away. After this time, moisturise your skin as normal.

Strong sun protection must be worn when outside during recovery to prevent the new skin from burning, which is a risk in this early period.

As always, you can contact us on the number below if you have any questions.



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